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www.tottenhamnutrition.com

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**3rd Sunday of Lent**  
**The Parish Community of**



**St. James**

2118 Adjala-Tecumseth  
Townline, Colgan, LOG 1W0



**St. Francis Xavier**

72 Queen St  
Tottenham



**St. Mary's**

2458 4th Concession  
Achill

**MASSSES**

Monday 7:00 pm (St. James)  
Tuesday 9:30 am (St. Francis)  
Wednesday 9:30 am (St. Francis)  
Friday 7:00 pm (St. James)  
Saturday 10:30 am (St. James)  
Saturday Vigil 5:30 pm (St. James)  
Sunday 8:30 am (St. Mary's), 10:00 am (St. James) & 11:30 (St. Francis)

**PARISH DIRECTORY**

(905-936-4266)

**Office**

Ex. 0

**St. Vincent De Paul**

Ex. 5

**Emergency Line (For Anointing of the Sick)**

Ex. 102

**Cemetery**

Ex. 6

**SCHOOLS**

**St. James Elementary School** (905) 936-4191  
**Monsignor Ronan Elementary School** (905) 729-3473  
**Father F.X. O'Reilly Elementary School** (905) 936-3364  
**St. Thomas Aquinas High School** (905) 936-4743

**Catholic Women's League (CWL):**

Helene Comepeau (president)  
(647) 522-3346 or helenecompeau2@gmail.com

**OFFICE HOURS**

Tuesday, Wednesday, and Friday 2:00 - 5:00 pm  
Email: stjamesco@archtoronto.org  
Phone: 905-936-4266  
Website: www.stjamesco.archtoronto.org

**CONFESSIONS**

Saturday 4:30 pm—5:15 pm at St. James

**BAPTISM**

Once a month on Sundays at St. James  
Contact the office for more details

**SACRAMENTAL PREPARATION**

Registration is **CLOSED** for 2025.

**ADORATION**

Sign up at the office for the code to St Francis Xavier for access to Adoration

**MASS INTENTIONS**

Masses can be offered for loved ones, living or deceased. We can accept Mass intentions up to one year before the intention, please contact the Parish Office to book

**CATHOLIC LATTE**

Parish Priest: Fr. Eric Mah  
Check out Fr. Eric's podcast, Catholic Latte, on YouTube, iTunes, Spotify, Podbean, Stitcher, Facebook, Instagram, and TikTok!



Weekly Mass Intentions	
<b>Monday Mar. 24 at 7 pm</b>	For those who are served by the St. Vincent dePaul
<b>Tuesday Mar. 25 at 9:30 am</b>	Fred Kolb +
<b>Wednesday Mar. 26 at 9:30am</b>	For the people of God, vocations to the priesthood, the holy souls in purgatory, and a special intention
	For the deceased members of the Haley Family
	For the people of God, vocations to the priesthood, the holy souls in purgatory, and a special intention
	Alexander Russo +
<b>Friday Mar. 28 at 7 pm</b>	Dale Alexander Carter +
<b>Saturday Mar. 29 at 10:30 am</b>	For the intentions of Jim Sheehan
<b>Saturday Mar. 29 at 5:30 pm</b>	For the people of God
<b>Sunday March 30 at 8:30 am</b>	Luitgard Mayer +
<b>Sunday March 30 at 10 am</b>	Tonnino Tersigni +
<b>Sunday March 30 at 11:30 am</b>	Emmanuel Edzoa +

### Church Gift Registry

We are excited to introduce a new bulletin board at the church, dedicated to helping our ministries grow and thrive! This board will feature a registry of items that parishioners can purchase for the church, including: Building and Hall Supplies, Liturgical Resources, Youth Ministry Materials, and much more! All gift donations will receive a gift-in-kind tax receipt as a token of our gratitude for your generosity.

As our ministry continues to evolve, we will regularly update this registry to reflect new needs and opportunities. Please stop by to view the current list of items or visit the registry online (<https://withjoy.com/StJames/welcome>) and consider how you can contribute to the growth of our community! Thank you for your continued support!

### Lenten Day of Confessions

Tuesday March 25th is our Lenten Day of Confessions. Fr. Eric will be available to hear confessions all day at St. James during the following times:



**10:30 am - 12 pm**  
**1-6 pm**  
**7-9 pm**



**FIRST RECONCILIATIONS**  
MONDAY, MARCH 17 - 7:30 PM  
MONDAY, MARCH 24 - 7:30 PM

**FIRST COMMUNIONS**  
SAT. MAY 10 - 10:30 AM  
SAT. MAY 17 - 10:30 AM  
SAT. MAY 24 - 10:30 AM  
SAT. MAY 31 - 10:30 AM  
SAT. JUNE 7 - 10:30 AM

ALL SACRAMENTS WILL TAKE PLACE AT ST. JAMES CHURCH, COLGAN

### Praying for the Sick

If you or a family member is sick, please let the office know and we will add their name to the prayers of the faithful.

Please pray especially for Sharon Duggan, Olga Stanczyk, Victoria Reid, Moira Molony, Tom Kennelly, Christina Burke, Jennifer Leclerc, Jennifer Trott, Joe Cirianni, Joe Gaudio, Maria DeFatima Rego, Eduarda Raimundo, Rita Webber, Lynda Pollice, Liliana Zuniga, Rev. Eugene Tramble, Esmer Isip, Shane Power, Baby Rocco Meliambro, Lincoln and Arthur Vijey, Kalina Wlodarczyk, and Margaret Milne .

Please also pray for those who have recently passed away.

### Volunteers Needed—Church Cleaning

Our parish community is looking for ongoing volunteers to help clean our Churches!

*St James* is cleaned Wednesdays at 10:30am until noon

*St Francis* is cleaned Wednesdays after morning Mass from 10am until noon

*St Mary's* is cleaned the First Monday of the month at 10am

Volunteers who would like to join can contact the office for volunteer screening

### STA Retreat

Students from STA will be attending a parish-led retreats at SFX Church on Wednesday, March 26th. Students will attend the regularly scheduled 9:30 am Mass.

### Tax Receipts

Tax Receipts are ready for pick up! Envelopes with your name on it will be at the back of each church on a rotating basis.  
St. Francis— March 22/23  
St. Mary's—March 29/30

## St. James Eucharistic Community *Lent Schedule*

**ASH WEDNESDAY - WED. MAR. 5**

9:30 am - St. Francis Xavier (SFX) | 7:00 pm - St. James Parish

**STATIONS OF CROSS - EVERY FRIDAY IN LENT - St. James**

6:00 pm - Confessions | 6:30 pm - Stations | 7:00 pm - Mass & Adoration | 8:00 pm - Bread & Soup

**LENTEN MISSION BY FR. ERIC MAH - SUN. MAR. 9 TO MAR. 12 - SFX (5650 Mavis Road, Mississauga)**

7:00 pm - Vespers (Sun) or Mass (Mon to Wed) & Conference | FREE | NO PRIOR REGISTRATION

**LENTEN DAY OF CONFESSIONS - TUES. MAR. 25 - St. James**

10:30 am - 12:00 pm, 1:00 pm - 6:00 pm, 7:00 pm - 9:00 pm

**LENTEN MISSION BY FR. ERIC MAH - MON. MAR. 31 TO WED. APRIL 2 - St. Francis, Tottenham**

6:00 pm - Social | 6:30 pm - Talk | 8 pm - Mass & Adoration | FREE | NO PRIOR REGISTRATION

**TENEBRAE SERVICE - TUES APRIL 8 - St. James**

7:30 pm - Music sung by St. Michael's Choir School Alumni Choir | FREE | NO PRIOR REGISTRATION

**PALM SUNDAY - SAT. APRIL 12 & SUN. APRIL 13**

SAT. APRIL 12 - 5:30 pm (St. James)

SUN. APRIL 13 - 8:30 am (St. Mary's), 10:00 am (St. James) & 11:30 am (SFX)

**HOLY THURSDAY - THURS. APRIL 17 - St. James**

7:00 pm Mass followed by Adoration until midnight

**GOOD FRIDAY - FRI. APRIL 18 - St. James**

12:00 pm & 3:00 pm - Good Friday Services

6:30 pm - Confessions | 7:00 pm - Stations of the Cross | 7:30 pm - Bread & Soup

**EASTER VIGIL - SAT. APRIL 19 - St. James**

No 10:30 am or 5:30 pm Masses | No Confessions at 4:30 pm

Mass - 8:00 pm

**EASTER SUNDAY - SUN. APRIL 20**

8:30 am (St. Mary's), 10:00 am (St. James) & 11:30 am (SFX)


**DIVINE MERCY SERVICE - SUN. APRIL 27 - St. James**

2:00 pm - Exposition of Blessed Sacrament followed by confessions | 3:00 pm - Divine Mercy Chaplet





**THEOLOGY ON TAP  
TOTTENHAM**

  
ASHLEY MILLS  
Youth Minister, St. James

  
FR. ERIC MAH  
Host, Catholic Latte

**WED. MAR. 26TH  
7:00 PM**

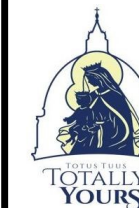
**FEEBS PUB & GRILL  
2 MILL STREET EAST,  
TOTTENHAM, ON**

### Parish Lenten Mission—SFX Tottenham

From Mon. Mar. 31 through Wed. Apr. 2, Fr. Eric Mah, Ashley Mills and Chris Corradini will be hosting a Lenten Mission at SFX in Tottenham, Ontario. Each night will begin with a social at 6 pm, a talk at 6:30 pm, and Mass at 8 pm followed by adoration.

There is no registration fee to attend and no prior admission.

Please note that the regular Monday Mass at St. James on Monday at 7 pm that week will still place as scheduled, although it will be presided over by a guest priest.



### Totus Tuus

We are pleased to announce that St. James Parish in Colgan will be hosting a summer camp facilitated by the Office of Catholic Youth entitled Totus Tuus (which is Latin for “totally yours”). Four lay missionaries will be sent to our parish to facilitate the program.

The day camp for students entering Gr. 1 to Gr. 6 will run from Monday, July 14 through Friday, July 18 from 9:00 am to 2:30 pm. The evening camp for students entering Gr. 7 to 12 will take place from Sunday, July 13 through Thursday, July 17 from 6:00 pm to 9:00 pm.

Registration is \$90 per child for the day camp and \$50 per child for the evening camp. There will be a special discount for families - \$5 off per each additional child. Registration fees can be paid via debit or credit card, cash, or cheques made out to “St. James Parish,” and dropped off at the parish office. The registration deadline is Fri. July 4. Volunteer opportunities are also available; volunteer screening is required in addition to the completion of a volunteer registration form.

Registration packages are available at the back of the Churches and on our website.



**PARISH LENTEN MISSION**  
MON. MARCH 31 - WED. APR. 2  
FREE | NO PRIOR REGISTRATION

  
FR. ERIC MAH

  
ASHLEY MILLS

  
CHRIS CORRADINI

**SFX IN TOTTENHAM, ON**  
6 PM SOCIAL | 6:30 PM TALK  
8 PM MASS AND ADORATION